

FOR CHILDREN AGES 3-6***I Miss You: A First Look at Death***

by Pat Thomas

Addresses children's feelings and questions about death in a simple, realistic way. Introduces funerals and cultural difference.

Lifetimes: The Beautiful Way to Explain Death to Children

by Bryan Mellonie and Robert Ingpen

Explains life and death in a sensitive and natural way.

Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing with Loss

by Mechaeline Mundy

Promotes honest, healthy grief and growth by providing a comforting, realistic look at loss and life-affirming ideas for coping.

The Dead Bird

by Margaret Wise Brown

Upon finding a dead bird, a group of children perform a burial service to say goodbye.

When Bad Things Happen: A Guide to Help Kids Cope

by Ted O'Neal

Helps adults talk to children about feelings, fears and skills for coping and healing in times of change and challenges.

When Dinosaurs Die: A Guide to Understanding Death

by Laurie Krasny Brown and Marc Brown

Answers children's questions and fears about death with clarity and directness.

When Someone You Love Has Cancer: A Guide to Help Kids Cope

by Alaric Lewis

Helps adults talk to children about the illness cancer and the feelings, fears and skills for coping with a loved one's cancer.

FOR CHILDREN AGES 6-12***Badger's Parting Gifts***

by Susan Varley

Badger's friends are overwhelmed with their loss when he dies. By sharing their memories of his gifts, they find strength to face the future with hope.

The Invisible String

by Patrice Karst

Shares that there is a bond between children and their loved ones even when the loved one is not physically present.

The Memory String

by Eve Bunting

Invites readers to consider ways to remember family history and welcome new memories.

Ocho Loved Flowers

by Anne Fontaine

The story of a young girl who learns how to say goodbye to her beloved cat while treasuring memories. A helpful, sensitive way to support a child when the death of a loved one is anticipated.

Rachel and the Upside Down Heart: A True Story

by Eileen Douglas

A story about the grief of a young girl and her mom as they adjust to the changes of life after the death of Rachel's father.

Tough Boris

by Kathryn Brown

Explains through the story of a rough and greedy pirate that having feelings is normal and that it is okay to be sad sometimes.



BOOKS ON THE LOSS OF A LOVED ONE

FOR TEENS

Common Threads of Teenage Grief

by Janet Tyson and Teens Who Know

Promotes an understanding of grief and healing for teens, their families and friends. Written by a middle school counselor and nine teens.

Facing Change: Falling Apart and Coming Together Again in the Teen Years

by Donna O'Toole

Information to help teens cope, understand and grow through their losses.

Fire in My Heart, Ice in My Veins: A Journal for Teenagers Experiencing Loss

by Enid Samuel-Traisman

A journal for teens who have experienced the death of a loved one.

Healing Your Grieving Heart for Teens: 100 Practical Ideas

by Alan D. Wolfelt, Ph.D.

Written to help teens understand and deal with their unique grief.

Help for the Hard Times: Getting through Loss

by Earl Hipp

A guide that helps teens understand how they experience grief and loss; provides tools for coping with grief in healthy ways.

FOR PARENTS

A Parent's Guide to Raising Grieving Children

by Phyllis R. Silverman and Madelyn Kelly

Provides a breadth of guidance regarding childhood loss, including topics such as: living with someone who's dying, talking about death and dying with children, preparing for the funeral and developing an ongoing support system.

A Tiny Boat at Sea: How to Help Children Who Have a Parent Diagnosed with Cancer

by Izetta Smith

Information for parents, caregivers and professionals who are helping children adjust to the cancer diagnosis or terminal illness of an adult family member. Includes excellent ideas for parents about talking to their children when a family member is ill or dying. Available at www.griefwatch.com and www.compassionbooks.com.

Healing the Grieving Child's Heart: 100 Practical Ideas for Families, Friends & Caregivers

by Alan D. Wolfelt, Ph.D.

Provides kid-friendly ideas for helping children mourn.

Living with Grief: Children and Adolescents

Edited by Kenneth J. Doka & Amy S. Tucci, Hospice Foundation of America

A comprehensive guide for parents and professionals on how to deal with children's grief. Each helpful chapter is written by a different expert.

The Bereaved Parent

by Harriet Sarnoff Schiff

Offers guidance to parents who face the imminent death of a child, are shocked by accidental death, or suffer post-funeral turmoil, grief, and depression. Shows a way through day-to-day hardships and decisions and offers concrete, helpful suggestions for meeting the needs of the whole family.

The Journey Through Grief and Loss: Helping Yourself and Your Child When Grief is Shared

by Robert Zucker, M.A., L.C.S.W.

Offers parents and other concerned adults important insights into managing their own grief while supporting grieving children.